

Prayzy

Count: 32

Wall: 4

Level: High Beginner

Choreographer: Ivonne Verhagen (NL) - July 2026

Music: My special prayer - Ziggy in tha House

Intro: Start at approx 15 secs (on lyrics & beat)

NO TAGS OR RESTARTS!

SEC 1: ROCK STEP, COASTER STEP (WITH RIGHT & LEFT)

- 1-2 Rock right forward, recover on left
- 3&4 Step right back, close left to right, step right forward
- 5-6 Rock left forward, recover on right
- 7&8 Step left back, close right to left, step left forward

SEC 2: WALK FORWARD R-L-R-L, STEP SIDE, BALL STEP TO RIGHT & LEFT

- 1-4 Step forward on right, left, right, left
- 5&6 Step right side, close left on ball of foot, step right in place (optional arms high right)
- 7&8 Step left side, close right on ball of foot. Step left in place (optional arms high left)

SEC 3: K STEP ¼ TURN WITH CLAPS

- 1-2 Step right diagonal forward, touch left & clap
- 3-4 Step left diagonal back, touch right & clap
- 5-6 ¼ turn right & step right to the side, touch left & clap (3:00)
- 7-8 Step left to the side, touch right & clap

SEC 4: ROCKING CHAIR, 4X 1/8 TURN WALK (R-L-R-L)

- 1-2 Rock right forward, recover on left
- 3-4 Rock right back, recover on left
- 5-6 1/8 turn left & step right forward, 1/8 turn left & step left forward
- 7-8 1/8 turn left & step right forward, 1/8 turn left & step left forward (9:00)

HAVE FUN!

GREETTS IVONNE